FRESH START • ROOM BY ROOM

Spring Cleaning Checklist

A complete deep-clean for the whole house. Work top to bottom, one room at a time, and tick each box as you go.

2 Days
or one room per day for a week

1. Declutter first
Clear surfaces and donate or bin what you no longer use before you start cleaning.

2. Top to bottom
Dust and wipe high surfaces first, then work down so floors are cleaned last.

3. Open the windows
Let fresh air in while you work. It helps surfaces dry and the house feel new.

Whole-Home Essentials

Do in every room

- [ ] Declutter and remove rubbish
- [ ] Clean light fixtures and ceiling fans
- [ ] Wash windows inside and out
- [ ] Wipe skirting boards / baseboards
- [ ] Dust ceiling corners and cobwebs
- [ ] Wipe light switches and door handles
- [ ] Clean window tracks and sills
- [ ] Vacuum, then mop all floors

Kitchen Deep Clean

Degrease & refresh

- [ ] Empty fridge, wipe shelves, bin expired food
- [ ] Degrease range hood and wash filter
- [ ] Wipe cabinet fronts and handles
- [ ] Descale kettle and coffee maker
- [ ] Clean dishwasher filter and door seal
- [ ] Clean oven interior and stove top
- [ ] Clean inside of microwave
- [ ] Organise pantry, check expiry dates
- [ ] Scrub sink and polish taps
- [ ] Empty, wash and line the trash bin

Bathroom Deep Clean

Scrub & descale

- [ ] Scrub shower, tub and tiles
- [ ] Descale showerhead and taps
- [ ] Scrub toilet inside, outside and base
- [ ] Clean exhaust fan cover
- [ ] Wash bath mats and replace towels
- [ ] Clean grout and re-check caulk / sealant
- [ ] Remove limescale from glass and mirrors
- [ ] Wash shower curtain or liner
- [ ] Organise under-sink and medicine cabinet
- [ ] Mop floor, including behind the toilet

Room done? Take a short break, grab your caddy, and continue on page 2.

Bedrooms

Sleep fresh

- [ ] Wash all bedding, including duvet and pillows
- [ ] Declutter wardrobe, donate unused clothes
- [ ] Dust headboard, nightstands and lamps
- [ ] Wash curtains or wipe blinds
- [ ] Vacuum mattress and rotate it
- [ ] Wipe wardrobe shelves and drawers
- [ ] Vacuum under the bed
- [ ] Clean mirrors and bedroom windows

Living Areas, Walls & Floors

Dust, wash & polish

- [ ] Dust shelves, TV stand and electronics
- [ ] Wash cushion covers and throws
- [ ] Spot-clean walls and remove scuff marks
- [ ] Deep-clean rugs and carpets
- [ ] Vacuum sofa, chairs and under cushions
- [ ] Vacuum under all furniture
- [ ] Wipe doors, frames and handles
- [ ] Polish wood furniture

Laundry, Storage & Outdoor

Finish the reset

- [ ] Clean washing machine drum and drawer
- [ ] Sort storage boxes, label what you keep
- [ ] Sweep porch, patio or balcony
- [ ] Clean front door and entrance light
- [ ] Clean dryer lint filter and vent
- [ ] Wipe entryway, shoe rack and doormat
- [ ] Wipe outdoor furniture
- [ ] Test smoke alarms, replace batteries

Your 2-Day Spring Plan

Stay on track

Day 1 - Wet rooms & bedrooms

Morning: Kitchen deep clean. Afternoon: Bathroom, then bedrooms and bedding laundry.

Day 2 - Living areas & finish

Morning: Living areas, walls and floors. Afternoon: Laundry, storage and outdoor, then a final whole-home vacuum and mop.

Supplies to Have Ready

- [ ] All-purpose cleaner and glass cleaner
- [ ] White vinegar and baking soda
- [ ] Microfibre cloths, sponges and a scrub brush
- [ ] Rubber gloves, trash bags and a bucket
- [ ] Mop, broom and vacuum with attachments

Notes

Finish line: Light a candle, put fresh flowers or a plant in the main room, and enjoy the reset. Repeat every spring.